**RESEARCH PROPOSAL OF**

**A STUDY ON XXXXXXXXXXXXXXXXXXXXXXXXXX**

Topic of the Research study (Centered, Bold, 14 Font)

**FERNANDO J.M**.

Name of the Student (Centered, Bold, 12 Font)

**MASTER OF SCIENCE IN EXERCISE AND SPORT SCINECES (M.Sc. ESS)**

**POSTGRADUATE INSTITUTE OF MEDICAL SCIENCES (PGIMS)**

**UNIVERSITY OF PERADENIYA**

**SRI LANKA**

**2023**

**A STUDY ON XXXXXXXXXXXXXXXXXXXXXXXXXX**

Topic of the Research study (Centered, Bold, 12 Font)

A RESEARCH PROPOSAL PRESENTED BY

**J.M. FERNANDO**

**PGIMS/MSc.ESS/01/23/XX** (Centered, Bold, 12 Font)

in partial fulfillment of the requirement for the award of the degree of

**MASTER OF SCIENCE IN EXERCISE AND SPORT SCINECES (M.Sc. ESS)**

**POSTGRADUATE INSTITUTE OF MEDICAL SCIENCES (PGIMS)**

**UNIVERSITY OF PERADENIYA**

**SRI LANKA**

**2023**

**DECLARATION**

I do hereby declare that the work reported in this proposal was my own independent research and no part of this proposal has been submitted earlier or concurrently for any other course by me.

………………………………………………………..

Student’s name and registration number

……………………………………………………….

Student’s signature

………………………………………………………..

Supervisor

(Name and Affiliation)

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Text of the Body- Times New Roman (12-point), One and half- spaced

Margins - The margins at the top, bottom, left, and right are to be 1.0 inch.

References - Minimum of 20 references, The Vancouver Referencing Style